

lachele

AESTHETICS & WELLNESS

Ultherapy Pre Treatment Instructions

- Please arrive to treatment with a **clean face, free of makeup and products**. Also, **remove all jewelry or piercings**. Please have your hair tied back if possible. Photos will be taken before the treatment starts.
- If treated neck and below, please arrive in loose fitting clothing. You will most likely change into one of our strapless wraps before photos.
- Please **STOP** the following cosmetic products **72 hours before treatment: Retin A, Tretinoin, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid or any retinol product**.
- For pain control, Tylenol 650mg by mouth, and Ibuprofen 600mg by mouth, may be taken 1 hour prior to your treatment.
- To enhance your comfort, we offer the use of ProNox (*Nitrous Oxide*) to be used during your treatment session. You do NOT need to plan for transportation if you choose this. It will NOT affect your ability to drive.
- Although rare, the risk of bruising may occur with certain medications and supplements including anticoagulants (*blood thinners*), fish oil and vitamin E. Please make your provider aware if you are taking any of these.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com